



BASHH National Mentoring Programme

3rd November 2009

Dear Doctor.

We would like to congratulate you on reaching the end of your training. On behalf of BASHH, we would like to inform you about the National Mentoring Scheme for GUM physicians, which is free and confidential and now available to you as you begin your new consultant post.

The scheme offers you the opportunity to have guidance and support from an experienced regional peer within our specialty. It is entirely voluntary and separate from the appraisal process.

You can choose a mentor in the region where you are based or from a different region – the choice is yours. To be allocated a mentor, please contact the BASHH mentoring committee member in the area you have chosen.

South West, Oxford and Wessex

Guy Rooney Guy.Rooney@gwh.nhs.uk

North East Thames, North West Thames

Charlotte Cohen charlotte.cohen@chelwest.nhs.uk

South East Thames, South West Thames

Emma Fox Emma.Fox@eastcoastkent.nhs.uk

Northern Ireland, Scotland and Northern

Imali Fernando Imali.Fernando@luht.scot.nhs.uk

East Anglia , West Midlands, Cheshire & Merseyside, Wales

Gurdeep Singh Gurdeep.Singh@uhns.nhs.uk

Yorkshire, North West and Trent

Jyoti Dhar jyoti.dhar@uhl-tr.nhs.uk

They will forward you a list of potential mentors in your region so you may make your selection. The committee members are also available to answer any further questions you may have regarding the mentorship scheme.

If at any point you decide you would prefer to change your chosen mentor, the committee will do their best to facilitate this for you.

What to expect?

- Confidentiality
- An experienced clinician in the specialty who has received training in mentoring and wishes to participate in the scheme
- At least two meetings per year dependant on your needs
- At least one meeting face to face, others - dependent on mutual agreement - via email or telephone
- A period of mentorship for up to 18 months

What will the mentor be able to help with?

- Guidance regarding career development, dealing with colleagues, coping with departmental/ hospital politics, negotiating with management
- Helping select and achieve specific short term and long term career objectives and goals.
- Clinical advice
- Personal and social problems are usually not addressed in these sessions

For further information please see

http://www.bashh.org/education_and_careers/mentoring

Towards the end of the mentorship period, we will ask you to complete a short evaluation to help us further develop this scheme for future participants. You can also become a mentor yourself further down the line, and nominations will take place regularly via BASHH.

Best wishes and good luck with your future post.

We look forward to hearing from you.

On behalf of the BASHH Mentoring Committee