

# **2019 NATIONAL TRAINEE SURVEY RESULTS**

**SPORT AND EXERCISE MEDICINE**

**SPECIALTY SPECIFIC QUESTIONS**

**OCTOBER 2019**

## Introduction

The Specialty Specific Questions have been developed to test trainee's access to, participation in or confidence in the attainment of specific aspects of the specialty training curriculum.

The questions have been included Programme Specific Questions in the annual GMC National Trainee Survey. The details of these questions and the trainee responses (nationally, by Deanery/LETB and by grade can be found within this report.

34 Sports and Exercise Medicine trainees (11 ST3, 9 ST4, 6 ST5 and 8 ST6 ) completed the survey in 2019. This was an overall increase of 3% (1 trainee) completing the 2018 survey. The numbers of trainees in each LETB completing the survey were as follows:

Deanery / LETB	2018	2019
Defence Postgraduate Medical Deanery	<3	0
Health Education East Midlands	4	5
Health Education East of England	<3	2
Health Education N, C & E London	14	15
Health Education North East	0	0
Health Education North West	<3	5
Health Education NW London	0	0
Health Education Thames Valley	5	3
Health Education West Midlands	<3	0
Health Education Yorkshire and the Humber	3	4
<b>Total</b>	<b>33</b>	<b>34</b>

## Specialty Specific Questions

Overall, agreement decreased in 3 of the 10 Sport and Exercise Medicine specialty specific questions compared with 2018, however there were significant regional differences. The questions have been ranked highest to lowest percentage of trainees agreeing overall in the summary below.

Specialty Specific Questions	% satisfactory responses	2018/2019 Difference	Agreement Highest	Agreement Lowest	% difference [Range]
1) The role of physical activity in public health, primary and secondary provision of chronic illness, health inequality and prescription of exercise	2018: 82% (27/33) 2019: 79% (27/34)	-3%	North West, T Valley (100%)	London (NC&E) (73%) Yorks & Humber (75%)	27% [73-100]
2) Functional anatomy and the examination of the musculoskeletal system	2018: 85% (28/33) 2019: 88% (30/34)	+3%	East Midlands, T Valley (100%)	Yorks & Humber (75%) London (NC&E) (86%)	25% [75-100]
3) Assessment, investigation and rehabilitation of musculoskeletal injury	2018: 88% (29/33) 2019: 88% (30/34)	+0%	East Midlands, T Valley (100%)	Yorks & Humber (50%) North West (80%)	50% [50-100]
4) The role of and interpretation of radiological imaging techniques	2018: 79% (26/33) 2019: 88% (30/34)	+9%	East Midlands, T Valley (100%)	Yorks & Humber (75%) London (NC&E) (86%)	25% [75-100]
5) The role and interpretation of exercise physiology	2018: 58% (19/33) 2019: 68% (23/34)	+10%	T Valley (100%)	London (NC&E) (60%) Yorks & Humber (75%)	40% [60-100]
6) Physical activity, exercise and sport as applicable to specific groups including children, adolescents, females and the elderly	2018: 58% (19/33) 2019: 71% (24/34)	+13%	T Valley (100%)	East Midlands (40%) Yorks & Humber (75%)	60% [40-100]
7) Management of medical emergencies and pitch side trauma	2018: 70% (23/33) 2019: 71% (24/34)	+1%	T Valley, Yorks & Hum (100%)	London (NC&E) (54%)	46% [54-100]
8) Disability sport, including assessment and rehabilitation of head and spinal injury	2018: 61% (20/33) 2019: 50% (17/34)	-11%	North West (80%) Yorks & Humber (75%)	London (NC&E) (27%) T Valley (66%)	53% [27-80]

Deaneries / LETBs are listed alphabetically by quartile in the table below with 'quartile four' containing the highest ranked and 'quartile one' the lowest where data for both 2018 and 2019 is available. The data was produced by taking an average of percentages for all 10 questions.

Page | 4