

# 2019 NATIONAL TRAINEE SURVEY RESULTS

#### **CLINICAL PHARMACOLOGY AND THERAPEUTICS**

SPECIALTY SPECIFIC QUESTIONS

OCTOBER 2019

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## Introduction

The Specialty Specific Questions have been developed to test trainee's access to, participation in or confidence in the attainment of specific aspects of the specialty training curriculum.

The questions have been included as Programme Specific Questions in the annual GMC National Trainee Survey. A table showing trainee's collective responses from a national perspective, a comparison with the responses last previously received for the question (if it has been asked in a previous year) and the region or regions where agreement is highest or lowest are shown on pages 4-7 with a fuller breakdown of the questions and the trainee responses (nationally, by Deanery/LETB and by grade later in this report.

30 Clinical Pharmacology and Therapeutics trainees (8 ST3, 3 ST4, 6 ST5, 9 ST6, and 4 ST7 trainees) completed the 2019 survey. This was an increase of 7% (2 trainees) compared to 2018. The numbers of trainees in each Deanery / LETB completing the survey were as follows:

| Deanery / LETB                   | 2018 | 2019 | % Difference |
|----------------------------------|------|------|--------------|
| Health Education East of England | 5    | 3    | -40%         |
| Health Education N, C & E London | 10   | 14   | +40%         |
| Health Education North East      | 0    | 0    | +0%          |
| Health Education North West      | 6    | 7    | +17%         |
| Health Education NW London       | 0    | 0    | +0%          |
| Health Education South London    | 0    | 0    | +0%          |
| Health Education West Midlands   | <3   | 0    | +0%          |
| NHS Education for Scotland       | 4    | 6    | +50%         |
| Wales Deanery                    | <3   | 0    | +0%          |
| Total (including n<3)            | 28   | 30   | +7%          |

Reduction of >10% of trainees completing the NTS in 2019 compared to 2018

A table showing the overall percentage of trainees in agreement with each of the specialty specific questions, the 2018/19 percentage difference, and the regions with the highest and lowest levels of agreement can be found on pages 2 to 6 below.



| Quality Criteria  | % trainees       | 2018/2019  |                              |          | Agreement Lowest      |     |
|---|------------------|------------|------------------------------|----------|-----------------------|-----|
|   | agreeing overall | Difference |                              |          |                       |     |
| Q1: My training in CPT is complemented by my involvement in other specialties (e.g. General Internal Medicine).                                     | 96%              | +14%       | London (N, C & E), NW, Scotl | and 100% | East of England       | 66% |
| Q2: In this post, which (if any) of the following CPT special interest areas do you have the opportunity to study/undertake (select all that apply) |                  |            |                              |          |                       |     |
| Hypertension  | 87%              | -2%        | East of England, NW          | 100%     | London (N, C & E)     | 79% |
| Clinical Trials   | 73%              | +2%        | East of England, NW          | 100%     | London (N, C & E)     | 50% |
| Research  | 73%              | -16%       | East of England              | 100%     | London (N, C & E)     | 57% |
| <ul> <li>Toxicology</li> </ul>  | 43%              | +4%        | EoE, Scotland                | 67%      | North West            | 14% |
| None of the above   | 0%               | +0%        |                              |          |                       |     |
| Q3: Which (if any) of the following CPT related service activities have you been involved with in the last 12 months? (select all that apply)       |                  |            |                              |          |                       |     |
| Audit projects  | 63%              | -8%        | Scotland                     | 83%      | London (N, C & E)     | 50% |
| Drug/Therapeutics committee   | 60%              | +3%        | North West                   | 86%      | Scotland              | 50% |
| Clinical guidance development/review  | 37%              | -24%       | East of England              | 67%      | Scotland              | 33% |
| Area prescribing committee  | 27%              | -19%       | Scotland                     | 33%      | London (N, C & E), NW | 29% |
| Formulary committee   | 27%              | - 16%      | London (N, C & E)            | 43%      | North West            | 14% |
| Medication safety committee   | 23%              | -5%        | North West                   | 43%      | London (N, C & E)     | 14% |
| Research ethics committee   | 20%              | - 1%       | East of England              | 67%      | North West            | 14% |
| Providing advice via Toxbase  | 13%              | -12%       | Scotland                     | 33%      | London (N, C & E)     | 7%  |



| Quality Criteria   | % trainees       | 2018/2019  | Agreement Highest             |             | Agreement Lowest              |            |
|--|------------------|------------|-------------------------------|-------------|-------------------------------|------------|
| Q 3 continued  | agreeing overall | Difference |                               |             |                               |            |
| • Other  | 20%              | +2%        | East of England               | 33%         | London (N, C & E)             | 21%        |
| Electronic prescribing development   | 13%              | -5%        | East of England               | 33%         | London (N, C & E)             | 21%        |
| Drug chart updating  | 10%              | +3%        | Scotland                      | 17%         | London (N, C & E)             | 14%        |
| Trust/DDM Committee (or equivalent involved in review of prescribing costs)                          | 7%               | -4%        | North West                    | 29%         | EoE, LDN (N, C & E), Scot     | 0%         |
| Medication related CQUIN target<br>development/management  | 3%               | -4%        | London (N, C & E)             | 7%          | EoE, NW, Scotland             | 0%         |
| None of the above  | 3%               | +3%        | London (N, C & E)             | 7%          | EoE, NW, Scotland             | 0%         |
| Patient safety committee   | 3%               | -1%        | London (N, C & E)             | 7%          | EoE, NW, Scotland             | 0%         |
| Non-medical prescribing committee  | 0%               | -4%        | No deanery level data         |             | No deanery level data         |            |
| Q4: Have you had any formal training in research (e.g. research statistics or research ethics)?      | 77%              | +2%        | East of England<br>North West | 100%<br>86% | London (N, C & E)<br>Scotland | 71%<br>67% |
| Q5: Which (if any) of the following research activities are you involved in? (select all that apply) |                  |            |                               |             |                               |            |
| Publicly-funded clinical research  | 53%              | -8%        | Scotland                      | 67%         | East of England               | 33%        |
| Desk based research  | 50%              | +0%        | North West                    | 71%         | East of England               | 33%        |
| Laboratory-based research  | 40%              | +4%        | Scotland                      | 50%         | North West                    | 29%        |
| Industry-funded clinical research  | 27%              | -5%        | East of England               | 67%         | Scotland                      | 17%        |
| • Other  | 13%              | +2%        | East of England               | 33%         | London (N, C & E)             | 14%        |
| None of the above  | 7%               | -4%        | North West                    | 14%         | London (N, C & E)             | 7%         |



| Quality Criteria                            | % trainees       | 2018/2019  | Agreement Highest       |     | Agreement Lowest         |     |
|---|------------------|------------|-------------------------|-----|--------------------------|-----|
|   | agreeing overall | Difference |                         |     |                          |     |
| Q6: How many conference presentations have  | 0: 43%           | - 7%       | LDN(N, C & E), Scotland | 50% | North West               | 29% |
| you delivered in the last 12 months?        | 1: 37%           | +8%        | East of England         | 67% | Scotland                 | 17% |
|   | 2: 10%           | - 4%       | Scotland                | 17% | London (N, C & E)        | 14% |
|   | 3: 7%            | + 3%       | Scotland                | 17% | North West               | 14% |
|   | 4: 0%            | - 4%       | No deanery level data   |     | No deanery level data    |     |
|   | 5: 0%            | + 0%       | No deanery level data   |     | No deanery level data    |     |
|   | > 5: 3%          | + 3%       | North West              | 29% | EoE, LDN(N, C & E), Scot | 0%  |
| Q7: How many conference posters have you    | 0: 37%           | - 9%       | London (N, C & E), NW   | 43% | Scotland                 | 33% |
| contributed to as an author in the last 12  | 1: 23%           | + 9%       | North West              | 43% | London (N, C & E)        | 21% |
| months?                                     | 2: 23%           | + 5%       | Scotland                | 50% | London (N, C & E)        | 21% |
|   | 3: 7%            | - 7%       | East of England         | 33% | London (N, C & E)        | 7%  |
|   | 4: 0%            | - 4%       | No deanery level data   |     | No deanery level data    |     |
|   | 5: 7%            | + 7%       | Scotland                | 17% | North West               | 14% |
|   | > 5: 3%          | -1%        | London (N, C & E)       | 7%  | EoE, NW, Scotland        | 0%  |
| Q8: How many abstracts have you contributed | 0: 37%           | +12%       | London (N, C & E)       | 50% | Scotland                 | 17% |
| to as an author in the last 12 months?      | 1: 20%           | -9%        | East of England         | 33% | London (N, C & E)        | 14% |
|   | 2: 20%           | - 1%       | EoE, Scotland           | 33% | London (N, C & E), NW    | 14% |
|   | 3: 10%           | -8%        | East of England         | 33% | London (N, C & E)        | 7%  |
|   | 4: 10%           | + 3%       | Scotland                | 17% | London (N, C & E)        | 14% |
|   | 5: 0%            | + 0%       | No deanery level data   |     | No deanery level data    |     |
|   | > 5: 3%          | +3%        | Scotland                | 17% | EoE, LDN(N, C & E), NW   | 0%  |
| Q9: How many journal articles have you      | 0: 20%           | - 5%       | North West              | 43% | London (N, C & E)        | 14% |
| contributed to as an author in the last 12  | 1: 40%           | + 19%      | Scotland                | 67% | North West               | 29% |
| months?                                     | 2: 27%           | - 2%       | London (N, C & E)       | 36% | North West               | 29% |
|   | 3: 7%            | - 7%       | East of England         | 33% | Scotland                 | 17% |
|   | 4: 7%            | - 4%       | London (N, C & E)       | 14% | EoE, NW, Scotland        | 0%  |
|   | 5: 0%            | + 0%       | No deanery level data   |     | No deanery level data    |     |
|   | > 6: 0%          | + 0%       | No deanery level data   |     | No deanery level data    |     |



| Quality Criteria                                      | % trainees       | 2018/2019  | Agreement High        | est  | Agreement Lowest           |        |
|---|------------------|------------|-----------------------|------|----------------------------|--------|
|   | agreeing overall | Difference |                       |      |                            |        |
| Q10: If you are not involved in research, what        |                  |            |                       |      |                            |        |
| are the main reasons for this? (select all that       |                  |            |                       |      |                            |        |
| apply)  |                  |            |                       |      |                            |        |
| N/A (I am involved in research)                       | 77%              | + 16%      | EoE, Scotland         | 100% | North West                 | 57%    |
| Lack of funding for research                          | 10%              | + 10%      | London (N, C & E)     | 21%  | EoE, NW, Scotland          | 0%     |
| Preference for clinical work                          | 10%              | - 8%       | LDN(N, C & E), NW     | 14%  | EoE, Scotland              | 0%     |
| Lack of opportunities to undertake research           | 7%               | + 3%       | London (N, C & E)     | 14%  | EoE, NW, Scotland          | 0%     |
| Discouragement from supervisor(s)                     | 3%               | + 3%       | London (N, C & E)     | 7%   | EoE, NW, Scotland          | 0%     |
| None of the above                                     | 3%               | - 8%       | North West            | 14%  | EoE, LDN(N, C & E), Scotla | ind 0% |
| Other   | 3%               | - 8%       | North West            | 14%  | EoE, LDN(N, C & E), Scotla | nd 0%  |
| Q11: Do you currently intend to apply for time        |                  |            | London (N, C & E)     | 21%  | EoE, Scotland              | 0%     |
| out of programme (OOPT, OOPE, OOPR, or                | 13%              | - 51%      | North West            | 14%  |                            |        |
| OOPC) within the next 12 months?                      |                  |            |                       |      |                            |        |
| Q12: In your current post, do you contribute to       |                  |            |                       |      |                            |        |
| prescribing/therapeutics education or training        |                  |            |                       |      |                            |        |
| activities?   |                  |            |                       |      |                            |        |
| • Yes   | 77%              | - 16%      | East of England       | 100% | Scotland                   | 67%    |
| No, the training is already done by others            | 10%              | + 10%      | Scotland              | 17%  | London (N, C & E)          | 7%     |
| No, there is no training delivered in my current post | 7%               | + 0%       | Scotland              | 17%  | London (N, C & E)          | 7%     |
| No, other reason                                      | 3%               | + 3%       | London (N, C & E)     | 7%   | EoE, NW, Scotland          | 0%     |
| No, ward commitments don't allow the time             | 3%               | + 3%       | London (N, C & E)     | 7%   | EoE, NW, Scotland          | 0%     |
| No, discouraged from doing so by supervisor           | 0%               | + 0%       | No deanery level data |      | No deanery level data      |        |
| No, I prefer not to                                   | 0%               | + 0%       | No deanery level data |      | No deanery level data      |        |
| No, on-call commitments don't allow the time for this | 0%               | + 0%       | No deanery level data |      | No deanery level data      |        |



| Quality Criteria                                 | % trainees       | 2017/2018  | Agreement Highest     |      | Agreement Lowest        |       |
|--|------------------|------------|-----------------------|------|-------------------------|-------|
| •  | agreeing overall | Difference |                       |      |                         |       |
| Q13: In your current post, which of the          |                  |            |                       |      |                         |       |
| following settings do you contribute to training |                  |            |                       |      |                         |       |
| in? (Select all that apply)                      |                  |            |                       |      |                         |       |
| Hospital   |                  |            | Scotland              | 100% | North West              | 86%   |
|  | 87%              | - 6%       | London (N, C & E)     | 93%  | East of England         | 33%   |
| University                                       |                  |            | North West            | 100% | EoE, Scotland           | 67%   |
|  | 83%              | +12%       | London (N, C & E)     | 86%  |                         |       |
| E-learning                                       |                  |            | Scotland              | 33%  | East of England         | 0%    |
|  | 17%              | - 1%       | London (N, C & E), NW | 14%  |                         |       |
| Other  | 3%               | - 1%       | North West            | 14%  | EoE, London (N, C & E), | NW 0% |
| N/A (not involved in training/education)         | 0%               | + 3%       | London (N, C & E)     | 7%   | EoE, NW, Scotland       | 0%    |
| Q14: In your current post, which of the          |                  |            |                       |      |                         |       |
| following groups are you involved in training?   |                  |            |                       |      |                         |       |
| Undergraduate medical students                   |                  |            | East of England       | 100% | Scotland                | 67%   |
|  | 67%              | +6%        | North West            | 86%  | London (N, C & E)       | 50%   |
| Postgraduate trainee doctors at foundation       |                  |            | London (N, C & E)     | 29%  | EoE, NW, Scotland       | 0%    |
| level  | 13%              | - 8%       |                       |      |                         |       |
| Those requiring academic supervision (i.e. MSC,  |                  |            | London (N, C & E), NW | 14%  | EoE, Scotland           | 67%   |
| PhD, etc)  | 10%              | + 3%       |                       |      |                         |       |
| Other postgraduate trainees                      | 7%               | - 4%       | Scotland              | 33%  | EoE, LDN, NW            | 0%    |
| N/A (not involved in training/education)         | 3%               | + 3%       | London (N, C & E), NW | 14%  | EoE, NW, Scotland       | 0%    |
| Other  | 0%               | + 0%       | No deanery level data |      | No deanery level data   |       |