

2019 NATIONAL TRAINEE SURVEY RESULTS

CORE MEDICAL TRAINING SPECIALTY SPECIFIC QUESTIONS (QUALITY CRITERIA)

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Introduction

The Core Medical Training (CMT) Quality Criteria have been developed to drive up the quality of training environments, enhance the educational experience of trainees and ultimately improve patient safety and experience.

The criteria have been grouped into four domains and are classified as either 'core' or 'best practice' and are expected to be met over the course of the two year programme. The four domains are:

- A - Structure of the programme
- B - Delivery and flexibility of the programme
- C - Supervision and other ongoing support available to trainees
- D - Communication with trainees

Questions relating to each of the domains were developed and included in the 2016 GMC National Training Survey (NTS) as Programme Specific Questions. Details of these questions and trainee responses can be found within this report.

2762 CMT trainees (1457 CMT1s and 1305 CMT2s) completed the 2019 survey. This was an increase of 0.6% (17 CMT trainees) on the number of trainees completing the 2018 survey. The numbers of trainees in each Deanery / LETB completing the survey were as follows:

Deanery / LETB	CMT1	CMT2
Defence Postgraduate Medical Deanery	2	4
Health Education East Midlands	62	72
Health Education East of England	103	113
Health Education Kent, Surrey and Sussex	110	107
Health Education N, C & E London	107	88
Health Education North East	71	53
Health Education North West	167	171
Health Education NW London	79	73
Health Education South London	107	84
Health Education South West	72	66
Health Education Thames Valley	40	46
Health Education Wessex	49	43
Health Education West Midlands	89	74
Health Education Yorkshire and the Humber	167	115
Health Education and Improvement Wales	75	48
NHS Education for Scotland	113	94
Northern Ireland Medical & Dental Training Agency	44	54
Total	1457	1305

Executive Summary

The findings of the 2019 GMC NTS reveal that, compared to 2018 results, implementation improvements were made in 7 out of 17 quality criteria; there were no improvements in another 7 areas (although B.ii is difficult to interpret as a whole) whilst reductions in implementation had occurred in 4 areas (of the order of 1-2%).

Overall, however, the percentage implementation had increased from 61% (2018) to 67% (2019). The overall increase is most likely attributable to the large increase in outpatient clinics being attended by trainees.

Significant regional differences were noted. Differences across the breadth of the criteria were found within regions, with some rating highly in certain areas but poorly in others. The widest range inter-regional variation was found for the following indicators:

- C4: Single named Educational Supervisor for a minimum of 12 months 63 [Range 37-100].
- B6.1: Opportunity to 'act up' as a medical registrar 53 [Range 19-72].
- C1: Representation on appropriate professional / education committees 50 [Range 30-80].

The following criteria are largely being met across the UK (above 70%):

- 93% of trainees have a single, named Educational Supervisor appointed to oversee CMT training for a minimum of 12 months. The main outlier is Northern Ireland with only 37% of trainees in agreement due to an internal policy of having a locally-based supervisor for 6 month placements. More than 90% of trainees in 14/17 regions have reported this criterion was met in each of the last two years.
- 92% of trainees received on average at least one hour curriculum relevant teaching each week. More than 90% of trainees in 10/17 regions have reported this criterion was met in each of the last two years.
- 86% of trainees received on-call rotas that covered 4 or more months in length.
- 85% of trainees had the opportunity to attend skills laboratory or simulation training (using scenarios) at least once a year.
- 70% of trainees expect to have attended 40 or more outpatient clinics by the end of their CMT programme. This figure increased by 42% compared to the 2018 percentage and was the greatest overall improvement in any of the quality criteria.

The lowest levels of CMT quality criteria attainment were in the following areas (below 40%):

- Only 30% of CMT trainees had protected teaching time at outpatient clinics, where their attendance was bleep-free. This figure had, however, increased by 6% compared to 2018.

- Only 30% of trainees had protected teaching for formal training (e.g. PACES teaching) where their attendance was bleep-free. Again however this is an increase of 3% compared to 2018.

Unfortunately the attainment of certain quality criteria declined most noticeably in the following areas:

- The opportunity to attend departmental induction within one month of starting CMT.
- Being given enough information on possible rotations at the time of job offer.
- Being given notification of on call rotas covering 4 months or more.

These areas had all fallen by 2% compared to 2018.

The South West Deanery was most improved, rising from quartile 1 in 2018 to quartile 4 in 2019.

More details are provided as Appendices:

Appendix A – Specialty-specific questions for CMT quality criteria.

Appendix B – Deanery by quartile. Deaneries / LETBs are listed alphabetically by quartile in the table below with 'quartile four' containing the highest ranked and 'quartile one' the lowest. The data was produced by taking an average of all quality criteria percentages. B6.2 has not been included.

APPENDIX A - SPECIALTY SPECIFIC QUESTIONS FOR CMT QUALITY CRITERIA

Quality Criteria	% trainees agreeing overall	2018/2019 Difference	Agreement Highest		Agreement Lowest		% difference [Range]	
A1: Expected to have spent 16 months or more in placements contributing to the acute take by the end of their CMT programme	2018: 49% (665/1368) 2019: 49% (644/1305)	+0%	Wales	75% (+14%)	LDN (Sth)	23% (-4%)	2019 46 [23-75]	2018 (41) [27-68]
B1: Shift patterns allowed them to attend relevant post-take ward rounds and or handovers	2018: 69% (1895/2745) 2019: 70% (1947/2762)	+1%	NW	70% (+5%)	LDN (NW)	26% (-10%)	29 [55-84]	(20) [58-78]
B2: Expected to have attended 40 or more outpatient clinics by the end of their CMT programme	2018: 28% (383/1368) 2019: 70% (911/1305)	+42%	SW	66% (+4%)	NE	28% (-8%)	27 [57-84]	(59) [5-64]
B3.1: CMTs normally have protected teaching time, for formal training (eg. PACES), where their attendance is bleep –free	2018: 27% (745/2745) 2019: 30% (842/2762)	+3%	KSS	61% (-1%)	Y & H	32% (-11%)	32 [17-49]	(36) [11-47]
B3.2: CMTs normally have protected teaching time at outpatient clinics, where their attendance is bleep –free	2018: 24% (679/2745) 2019: 30% (832/2762)	+6%	WMD	61% (-7%)	Y & H	64% (+31%)	26 [14-40]	(36) [6-42]
B4: Opportunity to attend skills laboratory or simulation training (using scenarios) at least once a year	2018: 86% (2361/2745) 2019: 85% (2343/2762)	-1%	North East	85% (+9%)	NIR	19% (+3%)	38 [59-97]	(40) [57-97]

Quality Criteria	% trainees agreeing overall	2018/2019 Difference	Agreement Highest		Agreement Lowest		% difference [Range]	
B5.1: Receive one hour or more curriculum-relevant teaching on average a week	2018: 91% (2511/2745) 2019: 92% (2525/2762)	+1%	LDN (N,C&E)	99% (+5%)	Scotland	79% (+1%)	2019 2018 20 (24)	[79-99] [76-100]
			THV	99% (-1%)	Wales	81% (-4%)		
			EMD	98% (+2%)	Y & H	83% (+1%)		
			KSS	97% (+0%)	NIR	88% (+12%)		
B5.2: In the run up to PACES, received or expect to receive regular teaching including DOPs of clinical skills	2018: 39% (1061/2745) 2019: 39% (1081/2762)	+0%	LDN (N,C&E)	56% (-6%)	EMD	18% (-4%)	38 (39)	[18-56] [23-62]
			THV	53% (+0%)	NIR	19% (-2%)		
			Wessex	53% (+1%)	Y&H	27% (+4%)		
			EoE	52% (+2%)	LDN (Sth)	31% (+2%)		
B6.1: Opportunity to 'act up' as a medical registrar	2018: 50% (684/1368) 2019: 50% (651/1305)	+0%	Scotland	72% (-4%)	EMD	19% (-11%)	53 (46)	[19-72] [30-76]
			EoE	61% (+7%)	Wessex	35% (+2%)		
			THV	61% (-2%)	NE	36% (-12%)		
			LDN (N,C&E)	60% (+14%)	NW	39% (-7%)		
B6.2: At what stage did you have the opportunity to 'act up'?	2018: 2019:		Highest (Each category)		Lowest (Each category)			
• Before passing MRCP(UK)	21% 14%	- 7%	East Midlands	29% (+18%)	LDN (NW)	0% (-19%)	29 (36)	
• After passing MRCP(UK)	64% 70%	+ 6%	LDN (NW)	95% (+17%)	NIR, SCO	50%	45 (41)	
• Both of the above	13% 14%	+ 1%	Scotland	26% (+3%)	NE	0% (-11%)	26 (20)	
• No opportunity	1% 3%	+ 2%	North East	11% (+7%)	5/16 regions	(0%)	11 (6)	
C1. Representation on appropriate professional /educational committees	2018: 54% (1490/2745) 2019: 56% (1535/2762)	+2%	KSS	80% (+5%)	Wessex	30% (-7%)	50 (42)	[30-80] [33-75]
			LDN (Sth)	76% (+8%)	NIR	37% (+1%)		
			LDN (N,C&E)	72% (+8%)	Y & H	41% (-10%)		
			EoE	65% (-3%)	NW	42% (+9%)		
C2: Opportunity to attend departmental induction within one month of CMT start	2018: 66% (1811/2745) 2019: 64% (1773/2762)	-2%	WMD	77% (+7%)	Wales	50% (+0%)	27 (26)	[50-77] [50-76]
			LDN (Sth)	74% (+2%)	NW	58% (-1%)		
			NE	71% (+5%)	EMD	59% (-5%)		
			NIR	70% (-3%)	SW	59% (-6%)		

Quality Criteria	% trainees agreeing overall	2018/2019 Difference	Agreement Highest		Agreement Lowest		% difference [Range]	
C4: Single named Educational Supervisor for minimum of 12 months	2018: 93% (2555/2745) 2019: 93% (2581/2762)	+0%	Wessex	100% (+1%)	*NI	37% (-4%)	2019 2018	
			KSS	99% (+7%)	SCO	71% (-5%)	63	(58)
			LDN (Sth)	99% (+3%)	EoE	94% (+2%)	[37-100]	[41-99]
			Y & H	99% (+0%)	LDN (NW)	95% (-1%)		
C5: Had or will have had a formal interim review (also known as a 'pre ARCP review') in preparation for your formal ARCP	2018: 79% (2182/2745) 2019: 79% (2190/2762)	+0%	NW	95% (+2%)	NI	47% (+2%)	48	(37)
			LDN (Sth)	93% (-2%)	Y & H	63% (-15%)	[47-95]	[61-98]
			THV	93% (-5%)	WMD	63% (-7%)		
			KSS	92% (+3%)	SW	65% (+4%)		
C6: Agreed, or did agree, a plan for attempting each part of the MRCP(UK) examination with your Educational Supervisor	2018: 71% (1954/2745) 2019: 71% (1964/2762)	+0%	NE	78% (-4%)	NI	58% (+13%)	20	(22)
			Y & H	76% (+0%)	SCO	63% (-5%)	[58-78]	[60-82]
			EMD	75% (+0%)	Wessex	66% (-15%)		
			LDN (Sth)	75% (+8%)	SW	68% (+8%)		
D1: At the time of my job offer, I was given enough information about the possible rotations within the CMT programme	2018: 68% (1862/2745) 2019: 66% (1823/2762)	-2%	NE	79% (+6%)	LDN (NW)	39% (-7%)	40	(33)
			WMD	78% (-2%)	LDN (N,C&E)	47% (+0%)	[39-79]	[46-79]
			EoE	77% (-2%)	LDN (Sth)	50% (-1%)		
			Wales	77% (+3%)	NW	59% (-13%)		
D2.1: On call rotas to be published at least 6 weeks in advance	2018: 56% (1550/2745) 2019: 64% (1764/2762)	+8%	Wessex	86% (+5%)	NI	32% -14%)	54	(48)
			THV	83% (+9%)	SCO	46% (+13%)	[32-86]	[33-81]
			Y & H	79% (+9%)	KSS	53% (-12%)		
			EoE	77% (+25%)	LDN (Sth)	53% (+2%)		
D2.2: On call rotas to cover 4 months in length	2018: 88% (2421/2745) 2019: 86% (2388/2762)	-2%	NIR	95% (-1%)	LDN (NW)	62% (-17%)	33	(20)
			Wales	94% (+0%)	Scotland	80% (+0%)	[62-95]	[79-99]
			Y & H	94% (+4%)	LDN (N,C&E)	83% (-4%)		
			SW	93% (+5%)	NW	84% (-3%)		
					EoE	84% (-6%)		

* CMT posts are all for 6 months, often in sites which are a significant distance apart. Northern Ireland have made a decision within the School to continue to allocate locally based supervisors for each 6 months.

APPENDIX B - DEANERY BY QUARTILE

Quartile	Deanery / LETB	Year	N=	A1	B1	B2	B3.1	B3.2	B4	B5.1	B5.2	B6.1	C1	C2	C4	C5	C6	D1	D2.1	D2.2
3	Health Education East of England	2018	219	38	68	5	24	34	93	96	50	54	68	66	92	68	74	79	52	90
4		2019	216	55	64	73	26	33	88	93	52	61	65	64	94	66	72	77	77	84
3	Health Education London (North, Central & East)	2018	187	27	77	43	25	35	97	94	62	46	64	65	97	80	67	47	53	87
4		2019	195	34	72	84	26	37	93	99	56	60	72	65	98	90	71	47	65	83
1	Health Education South West	2018	154	66	78	10	31	6	81	94	40	63	49	65	99	61	60	62	33	88
4		2019	138	70	82	79	40	30	88	94	44	56	57	59	96	65	68	67	58	93
4	Health Education Thames Valley	2018	92	41	75	23	25	28	89	100	53	63	65	70	99	98	75	66	74	88
4		2019	86	50	79	78	28	35	97	99	53	61	59	67	98	93	73	75	83	87
4	Health Education Kent, Surrey and Sussex	2018	202	62	69	10	30	21	84	97	36	66	75	73	96	89	77	71	65	93
3		2019	217	61	69	60	32	19	73	97	44	48	80	69	99	92	73	76	53	91
3	Health Education London (South)	2018	187	27	76	39	27	28	96	96	29	52	68	72	96	95	67	51	51	89
3		2019	191	23	76	65	33	31	94	95	31	55	76	74	99	93	75	50	53	90
4	Health Education North East	2018	116	40	74	19	28	24	88	97	43	48	72	66	97	90	82	73	46	84
3		2019	124	28	85	66	26	14	90	93	42	36	61	71	98	90	78	79	74	91
4	Health Education West Midlands	2018	181	68	74	39	47	15	76	98	46	46	51	70	99	70	67	76	59	86
3		2019	163	61	72	57	50	19	71	96	47	45	44	77	98	63	72	78	71	88
1	Defence Postgraduate Medical Deanery	2018	3	100	67	100	33	0	67	67	33	100	33	0	67	67	0	0	67	67
2		2019	6	25	83	100	17	33	83	100	83	75	67	33	83	83	50	67	50	67
1	Health Education and Improvement Wales	2018	125	61	75	20	34	14	74	85	42	44	45	50	95	64	74	74	61	94
2		2019	123	75	81	71	31	20	77	81	36	46	45	50	98	68	69	77	63	94
3	Health Education East Midlands	2018	144	54	61	28	44	23	97	96	22	30	53	64	97	81	75	74	67	92
2		2019	134	47	66	71	49	37	95	98	18	19	50	59	98	84	75	75	53	85
2	Health Education North West	2018	349	65	58	16	30	21	88	95	43	46	33	59	96	93	73	72	65	87
2		2019	338	70	55	63	32	31	86	93	34	39	42	58	97	95	70	59	66	84
2	Health Education London (North West)	2018	160	36	68	64	14	31	89	89	43	40	66	63	96	92	60	46	51	79
1		2019	152	26	78	77	24	37	93	88	46	59	61	61	95	86	70	39	64	62
2	Health Education Wessex	2018	81	46	68	51	11	25	73	86	52	33	37	60	99	58	81	69	81	99
1		2019	92	40	84	65	17	28	72	89	53	35	30	68	100	66	66	77	86	89
2	Health Education Yorkshire and the Humber	2018	240	43	60	33	23	28	85	82	23	41	51	66	99	78	76	78	70	90
1		2019	282	32	65	64	25	40	85	83	27	51	41	61	99	63	76	63	79	94
1	NHS Education for Scotland	2018	206	48	65	34	17	24	87	79	31	76	66	76	76	81	68	73	33	80
1		2019	207	52	70	80	27	32	88	79	32	72	56	63	71	84	63	75	46	80
1	Northern Ireland Medical & Dental Training Agency	2018	99	36	73	38	16	42	57	76	21	45	36	73	41	45	71	71	43	96
1		2019	98	50	68	74	19	32	59	88	19	44	37	70	37	47	58	62	32	95
	% Improvement in overall agreement 2018/19					% decrease in overall agreement 2018/19									>89% agreement in 2018/19					

