

# 2018 NATIONAL TRAINEE SURVEY RESULTS

CORE MEDICAL TRAINING  
SPECIALTY SPECIFIC QUESTIONS  
(QUALITY CRITERIA)

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## Introduction

The Core Medical Training (CMT) Quality Criteria has been developed with the purpose of driving up the quality of training environments for Core Medical Training to enhance the educational experience of trainees and ultimately to improve patient safety and experience.

The criteria have been grouped into four domains and are classified as either 'core' or 'best practice' and are expected to be met over the course of the two year programme. The four domains are:

- A - Structure of the programme
- B - Delivery and flexibility of the programme
- C - Supervision and other ongoing support available to trainees
- D - Communication with trainees

Questions relating to each of the domains have been developed and these were included in the 2016 GMC Trainee Survey as Programme Specific Questions. The details of these questions and the trainee responses can be found within this report.

2745 CMT trainees (1377 CMT1s and 1368 CMT2s) completed the survey. This was a decline of 1.5% (35 CMT trainees) on the number of trainees completing the 2017 survey. The numbers of trainees in each Deanery / LETB completing the survey were as follows:

Deanery / LETB	CMT1	CMT2
Defence Postgraduate Medical Deanery	2	1
Health Education East Midlands	83	61
Health Education East of England	111	108
Health Education Kent, Surrey and Sussex	108	94
Health Education N, C & E London	93	94
Health Education North East	58	58
Health Education North West	176	173
Health Education NW London	79	81
Health Education South London	90	97
Health Education South West	75	79
Health Education Thames Valley	53	39
Health Education Wessex	42	39
Health Education West Midlands	88	93
Health Education Yorkshire and the Humber	112	128
NHS Education for Scotland	100	106
Northern Ireland Medical & Dental Training Agency	57	42
Wales Deanery	50	75
<b>Total</b>	<b>1377</b>	<b>1368</b>

## Executive Summary

Core Medical Trainees surveyed reported an average overall increase in the Quality Criteria being met in 6 of 17 criteria, compared to 2017. Total numbers of CMT trainees were again down in 2018, this year by 1.5%. Significant regional differences in terms of trainees agreeing that Trusts were meeting the CMT Quality Criteria standards were also noted. Differences varied from region to region across the breadth of the criteria with regions rating highly in some areas but poorly in others. The North East was most improved, rising from quartile 1 in 2017 to quartile 4 in 2018.

High levels of agreement nationally that the criteria were being met were in the following areas:

- 93% of trainees agreed they have a single, named Educational Supervisor appointed to oversee CMT training for an minimum of 12 months, although **Northern Ireland remain an outlier in this criteria with only 41% of trainees in agreement.** More than 90% of trainees in 14/17 regions have reported this criteria being met in each of the last two years.
- 90% of trainees agreed they received one hour or more curriculum relevant teaching on average each week. More than 90% of trainees in 8/17 regions have reported this criteria being met in each of the last two years.
- 88% of trainees agreed they had on-call rotas that covered 4 or more months in length
- 86% of trainees had the opportunity to attend skills laboratory or simulation training (using scenario) at least once a year

On call rotas covering 4 months in length showed the highest overall improvement on 2017, up 8% at 56% followed closely by attendance at 40 outpatients clinics by the end of CMT up 7% to 28%.

The lowest levels of agreement nationally were recorded in the following areas:

- 24% of CMTs overall agreed they normally have protected teaching time at outpatients clinics, where their attendance is bleep-free, which remains the same as 2017.
- 27% of trainees overall agreed they normally have protected teaching for formal training (eg. PACES) where their attendance is bleep-free, which also remains the same as 2017.

Highest levels of decline in agreement were seen in the following indicators:

- B6.1 Opportunity to 'act up' as a medical registrar, down 4% overall to 50% with
- C1 Representation on appropriate professional/educational committees down 3% overall to 54%

The widest range between the regions with highest and lowest percentages of trainees reporting the standard was being met were in the following indicators:

- B2: Expected to have attended 40 or more outpatient clinics by the end of their CMT programme **59** [5-64]
- C4: Single named Educational Supervisor for minimum of 12 months **58** [41-99]

## Specialty Specific Questions (Quality Criteria)

Quality Criteria	% trainees agreeing overall	2017/2018 Difference	Agreement Highest	Agreement Lowest	% difference [Range]
A1: Expected to have spent 16 months or more in placements contributing to the acute take by the end of their CMT programme	2017: 48% (655/1368) 2018: 49% (665/1368)	+1%	West Midlands (68%) South West (66%) North West (65%)	London (South) (27%) London (N, C & E) (27%) London (NW) (36%) Northern Ireland (36%)	41 [27-68]
B1: Shift patterns allowed them to attend relevant post-take ward rounds and or handovers	2017: 69% (1924/2780) 2018: 69% (1895/2745)	+0%	Wessex (78%) South West (78%) London (N, C & E) (77%)	North West (58%) Yorks & Humber (60%) East Midlands (61%)	20 [58-78]
B2: Expected to have attended 40 or more outpatient clinics by the end of their CMT programme	2017: 21% (284/1368) 2018: 28% (383/1368)	+7%	London (NW) (64%) Wessex (51%) London (N, C & E) (43%)	East of England (5%) South West (10%) KSS (10%)	59 [5-64]
B3.1: CMTs normally have protected teaching time, for formal training (eg. PACES), where their attendance is bleep –free	2017: 27% (751/2780) 2018: 27% (745/2745)	+0%	West Midlands (47%) East Midlands (44%) Wales (34%)	Wessex (11%) London (NW) (14%) Northern Ireland (16%)	36 [11-47]
B3.2: CMTs normally have protected teaching time at outpatient clinics, where their attendance is bleep –free	2017: 24% (655/2780) 2018: 24% (679/2745)	+0%	Northern Ireland (42%) London (N, C & E) (35%) East of England (34%)	South West (6%) Wales (14%) West Midlands (15%)	36 [6-42]
B4: Opportunity to attend skills laboratory or simulation training (using scenarios) at least once a year	2017: 82% (2278/2780) 2018: 86% (2361/2745)	+4%	London (N, C & E) (97%) East Midlands (97%) London (South) (96%)	Northern Ireland (57%) Wessex (73%) Wales (74%)	40 [57-97]

Quality Criteria	% trainees agreeing overall	2017/2018 Difference	Agreement Highest	Agreement Lowest	% difference [Range]
B5.1: Receive one hour or more curriculum-relevant teaching on average a week	2017: 90% (2500/2780) 2018: 91% (2511/2745)	+1%	Thames Valley (100%) West Midlands (98%) KSS (97%) North East (97%)	Northern Ireland (76%) Scotland (79%) Yorks & Humber (82%)	24 [76-100]
B5.2: In the run up to PACES, received or expect to receive regular teaching including DOPs of clinical skills	2017: 40% (1122/2780) 2018: 39% (1061/2745)	-1%	London (N, C & E) (62%) Thames Valley (53%) Wessex (52%)	Northern Ireland (21%) East Midlands (22%) Yorks & Humber (23%)	39 [23-62]
B6.1: Opportunity to 'act up' as a medical registrar	2017: 54% (734/1368) 2018: 50% (684/1368)	-4%	Scotland (76%) KSS (66%) South West (63%) Thames Valley (63%)	East Midlands (30%) Wessex (33%) London (NW) (40%)	46 [30-76]
B6.2: At what stage did you have the opportunity to 'act up'?	2017: 2018:		<b>Highest (Each category)</b>	<b>Lowest (Each category)</b>	
• Before passing MRCP(UK)	11% 21%	+10%	Northern Ireland (42%)	London (South) (6%)	36
• After passing MRCP(UK)	39% 64%	+25%	London (NW) (78%)	Northern Ireland (37%)	41
• Both of the above	7% 13%	+6%	Scotland (23%)	London (NW) (3%)	20
• No opportunity	43% 1%	-42%	East Midlands (6%)	9/16 regions (0%)	6
C1. Representation on appropriate professional /educational committees	2017: 57% (1593/2780) 2018: 54% (1490/2745)	-3%	KSS (75%) North East (72%) London (South) (68%)	North West (33%) Northern Ireland (36%) Wessex (37%)	42 [33-75]
C2: Opportunity to attend departmental induction within one month of CMT start	2017: 69% (1905/2780) 2018: 66% (1811/2745)	-3%	Scotland (76%) KSS (73%) Northern Ireland (73%)	Wales (50%) North West (59%) Wessex (60%)	26 [50-76]

Quality Criteria	% trainees agreeing overall	2017/2018 Difference	Agreement Highest	Agreement Lowest	% difference [Range]
C4: Single named Educational Supervisor for minimum of 12 months	2017: 94% (2609/2780) 2018: 93% (2555/2745)	-1%	5/16 regions (99%)	*Northern Ireland (41%) Scotland (76%) East of England (92%)	<b>58</b> [41-99]
C5: Had or will have had a formal interim review (also known as a 'pre ARCP review') in preparation for your formal ARCP	2017: 80% (2213/2780) 2018: 79% (2182/2745)	-1%	Thames Valley (98%) London (South) (95%) North West (93%)	Northern Ireland (45%) Wessex (58%) South West (61%)	37 [61-98]
C6: Agreed, or did agree, a plan for attempting each part of the MRCP(UK) examination with your Educational Supervisor	2017: 71% (1973/2780) 2018: 71% (1954/2745)	+0%	North East (82%) Wessex (81%) KSS (77%)	South West (60%) London (NW) (60%)	22 [60-82]
D1: At the time of my job offer, I was given enough information about the possible rotations within the CMT programme	2017: 69% (1925/2780) 2018: 68% (1862/2745)	-1%	East of England (79%) Yorks & Humber (78%) West Midlands (76%)	North West (46%) London (N, C & E) (47%) London (South) (51%)	33 [46-79]
D2.1: On call rotas to be published at least 6 weeks in advance	2017: 48% (1339/2780) 2018: 56% (1550/2745)	+8%	Wessex (81%) Thames Valley (74%) Yorks & Humber (70%)	South West (33%) Scotland (33%) Northern Ireland (43%)	<b>48</b> [33-81]
D2.2: On call rotas to cover 4 months in length	2017: 86% (2382/2780) 2018: 88% (2421/2745)	+2%	Wessex (99%) Northern Ireland (96%) Wales (94%)	London NW (79%) Scotland (80%) North East (84%)	20 [79-99]

\* CMT posts are all for 6 months, often in sites which are a significant distance apart. Northern Ireland have made a decision within the School to continue to allocate locally based supervisors for each 6 months.

Deaneries / LETBs are listed alphabetically by quartile in the table below with 'quartile four' containing the highest ranked and 'quartile one' the lowest. The data was produced by taking an average of all quality criteria percentages. B6.2 has not been included.

Quartile	Deanery / LETB	Year	N=	A1	B1	B2	B3.1	B3.2	B4	B5.1	B5.2	B6.1	C1	C2	C4	C5	C6	D1	D2.1	D2.2
4	Health Education Kent, Surrey and Sussex	2017	194	71	62	4	25	20	82	91	34	67	84	75	99	91	71	78	48	94
4		2018	202	62	69	10	30	21	84	97	36	66	75	73	96	89	77	71	65	93
1	Health Education North East	2017	127	20	81	6	24	22	70	97	43	35	74	69	98	95	74	72	49	80
4		2018	116	40	74	19	28	24	88	97	43	48	72	66	97	90	82	73	46	84
3	Health Education Thames Valley	2017	80	31	82	31	25	20	87	97	59	33	70	71	100	89	72	59	54	87
4		2018	92	41	75	23	25	28	89	100	53	63	65	70	99	98	75	66	74	88
2	Health Education West Midlands	2017	203	60	70	47	49	16	59	94	41	41	53	68	97	71	74	66	45	89
4		2018	181	68	74	39	47	15	76	98	46	46	51	70	99	70	67	76	59	86
2	Health Education East Midlands	2017	136	44	65	16	47	26	98	97	28	40	67	61	98	60	69	76	40	87
3		2018	144	54	61	28	44	23	97	96	22	30	53	64	97	81	75	74	67	92
4	Health Education East of England	2017	227	50	67	5	26	27	88	95	47	64	65	59	91	69	72	77	67	91
3		2018	219	38	68	5	24	34	93	96	50	54	68	66	92	68	74	79	52	90
4	Health Education London (North, Central & East)	2017	200	35	75	32	22	28	97	94	49	67	57	67	96	93	66	68	51	89
3		2018	187	27	77	43	25	35	97	94	62	46	64	65	97	80	67	47	53	87
3	Health Education London (South)	2017	205	24	73	19	27	21	94	97	33	57	66	74	97	94	66	64	39	83
3		2018	187	27	76	39	27	28	96	96	29	52	68	72	96	95	67	51	51	89
3	Health Education London (North West)	2017	133	19	77	44	22	38	84	83	44	67	57	65	97	80	68	67	51	81
2		2018	160	36	68	64	14	31	89	89	43	40	66	63	96	92	60	46	51	79
4	Health Education North West	2017	244	67	53	12	28	20	82	91	40	47	35	66	95	86	71	66	39	75
2		2018	349	65	58	16	30	21	88	95	43	46	33	59	96	93	73	72	65	87
1	Health Education Wessex	2017	111	52	74	57	19	17	60	79	45	61	56	73	98	71	75	75	67	92
2		2018	81	46	78	51	11	25	73	86	52	33	37	60	99	58	81	69	81	99
4	Health Education Yorkshire and the Humber	2017	226	39	64	10	23	27	85	85	23	50	40	70	99	72	76	76	53	90
2		2018	240	43	60	33	23	28	85	82	23	41	51	66	99	78	76	78	70	90
1	Defence Postgraduate Medical Deanery	2017	3	0	67	0	33	0	67	100	33	50	67	0	100	100	67	0	100	100
1		2018	3	100	67	100	33	0	67	67	33	100	33	0	67	67	0	0	67	67
1	Northern Ireland Medical & Dental Training Agency	2017	93	62	78	38	19	42	63	92	34	44	48	74	34	61	58	73	56	96
1		2018	99	36	73	38	16	42	57	76	21	45	36	73	41	45	71	71	43	96
1	NHS Education for Scotland	2017	202	48	56	9	15	29	82	69	43	72	56	73	84	84	73	60	30	72
1		2018	206	48	65	34	17	24	87	79	31	76	66	76	76	81	68	73	33	80
2	Health Education South West	2017	162	60	84	14	31	10	77	93	46	60	60	62	98	67	69	55	35	86
1		2018	154	66	78	10	31	6	81	94	40	63	49	65	99	61	60	62	33	88
2	Wales Deanery	2017	134	57	87	27	27	22	88	85	50	42	57	74	99	75	75	80	67	93
1		2018	125	61	75	20	34	14	74	85	42	44	45	50	95	64	74	74	61	94
	% Improvement in overall agreement				% decrease in overall agreement 2017/18									>89% agreement in 2017/18						

