

**Sport and Exercise Medicine ARCP Decision Aid** – minimal standards for ARCP (satisfactory progress) outcome

**Core Training**

	<b>RITA Month 8</b>	<b>RITA Month 16</b>	<b>RITA Month 23</b>
<b>Emergency Presentations</b>	Some experience of all	Level 1 competent in all	Level 1 competent in all
<b>Top 20 Presentations</b>	Some experience of 1/2 (mini-CEX / CbD / ACAT evidence)	Level 1 competent in 1/2 (mini-CEX / CbD / ACAT evidence) Some experience of all	Level 1 competent in all (mini-CEX / CbD / ACAT evidence)
<b>Other Presentations</b>	Level 1 competent in 1/2 relevant to specialties experienced so far (mini-CEX / CbD / ACAT evidence)	Level 1 competent in 1/2 relevant to specialties experienced so far (mini-CEX / CbD / ACAT evidence)	Level 1 Competent in all relevant to specialties experienced so far (mini-CEX / CbD / ACAT evidence)
<b>Procedures</b>	Competent in all procedures relevant to specialties experienced so far (DOPS evidence)	Competent in all procedures relevant to specialties experienced so far <b>and</b> Competent in 1/2 of all procedures (DOPS evidence)	Competent in all procedures (DOPS evidence)
<b>Generic Competencies (Focus areas)</b>	Some experience of 1/2 of Mandatory Level 1 Competency Focus Areas (mini-CEX / CbD / ACAT evidence)	Some experience of all Level 1 areas Level 1 competent in 1/2 (mini-CEX / CbD / ACAT evidence)	Level 1 competent in all Level 1 Competency Focus areas Some experience of 1/2 of Level 2 Competency Focus areas (mini-CEX / CbD / ACAT evidence) Satisfactory progress in MSF
<b>Examinations</b>	-	Review MRCP (UK) Part I progress	MRCP (UK) Part I
<b>ALS</b>	Valid	Valid	Valid
<b>Minimum number of workplace assessments</b>	Minimum of 3 ACATs should be done per year (aiming for 6 per year) + min of 4 mini-CEX per year + min of 4 CbD per year + DOPS until independence in procedures demonstrated + 1 MSF per year		
<b>Events giving concern</b>	The following events occurring at any time may trigger review of trainee's progress and possible remedial training: issues of professional behaviour; poor performance in work-place based assessments; poor MSF performance; issues arising from supervisor report; issues of patient safety		

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**Specialty Training in SEM ST3-6**

	<b>ST3 RITA</b>	<b>ST4 RITA</b>	<b>ST5 (PYA) RITA</b>	<b>ST6 (Final ) RITA</b>
<b>Public Health</b>	Satisfactory sign off	Ongoing application of public health knowledge and skills demonstrated via mini-CEX, CBD, supervisors' reports	Evidence of teaching relevant aspects of public health aspects to ST4	Evidence of competence teaching relevant aspects of public health aspects to ST4 and 5
<b>General Practice</b>	Satisfactory sign off	Ongoing application of general practice knowledge and skills demonstrated via mini-CEX, CBD, supervisors' reports	Evidence of teaching relevant aspects of general practice aspects to ST4	Evidence of competence teaching relevant aspects of general practice aspects to ST4 and 5
<b>Other core attachments</b>	Evidence of shadowing SEM physician and learning outputs (portfolio, supervisor reports)		Competence in aspects of Module 5: Medical Emergencies; Module 6: Drugs in sport; Module 14: Ethical and medico-legal aspects of SEM Demonstrated via mini-CEX, MSF, DOPS	
<b>Team physician attachment</b>	n/a	n/a	Experience of this - 50% of attachment: absolute requirement	Competence in 100% of team physician work: Demonstrate competence as independent sports physician: absolute requirement
<b>Generic competences</b>	Attendance at some generic curriculum learning events; some demonstration of competence via mini-CEX; demonstration of commitment to ongoing learning	Evidence of effectiveness, matched to GMP, via portfolio, supervisors' reports, Cbd, MSF of 50%	Ethical and Medicolegal competences demonstrated via MSF, Cbd	Achievement of all generic curriculum competences demonstrated via MSF, Cbd
<b>Generic competences</b>	Competent in number of Level 2 Focus Areas proportional to total time of training from ST3 to CCT, and competent in ALL Level 2 Focus Areas by final year RITA (mini-CEX / Cbd / MSF evidence)			
<b>ALS</b>	Valid	Valid	Valid	Valid
<b>Examinations</b>		Diploma in SEM - Absolute requirement for entry into ST5/6		